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TELEPHONES

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Anti-Bullying Policy

Statement

At Normanhurst Boys' High School we have an expectation that students have the right to be happy and safe at school and to be treated fairly, with understanding and respect.

**Bullying in all its forms will not be tolerated at Normanhurst Boys' High School.
As a school community we can do something about it.**

Definitions:

Bullying occurs when a person or a group of persons deliberately and repeatedly hurts or frightens somebody less powerful than himself or herself for no reason. This may be done in various ways: by hurtful teasing; name-calling; physically hitting or threatening; or by continually and unfairly excluding someone. It is not considered to be bullying if people of equal strength or power have an odd quarrel or fight.

(Source: *Bullying in Schools: What to do About It.* Ken Rigby)

Bullying can be:

VERBAL	threats, name calling, sniggering, laughter, humiliation, spreading rumours, abuse, teasing, making embarrassing comments
PHYSICAL	hitting, tripping, pushing, kicking, punching
EMOTIONAL	ignoring, isolating, rejecting, excluding, stalking, cruel mimicry, teasing, body gestures, threatening stares, hiding or damaging other peoples' property

Dealing With Bullying

For Students

1. Tell your peer support leader (Year 7) and/or teacher (e.g. your class or playground teacher) immediately. You may also tell someone such as your Year Adviser, School Counsellor, Deputy Principals, Principal, parents or another student whom you trust. You may also fill in a bullying notification form. These are available at the front office, outside the Deputy's offices, and outside your Year Adviser's staffroom.
2. Your Year Adviser will be notified by either yourself or one of the above people. This person will assist you in solving the problem.
3. Where the bullying involves a serious physical assault, you should immediately report the incident to the Deputy Principal, or Principal.
4. If you see a bullying incident, report it to someone. See point 1 for the different ways of doing this.

For Parents/Caregivers

1. Encourage your children to discuss bullying as much as possible. A thorough reading of the pamphlet on bullying with your children is highly recommended.
2. Encourage them to follow the procedures outlined above if they report bullying.
3. Contact the school if your child's efforts to deal with the bullying do not appear to be working. Consultation with your child over this matter is also recommended. You may also use the form on the school newsletter.
4. When the school's attempts to deal with reported bullying and victimisation do not appear to be working, your assistance may well be sought. In cases of serious physical bullying you will be automatically involved.

Supporting Programs

- ***Peer Support***
 1. Anti bullying module for Year 7
 2. Continued into Year 8 with anti-bullying modules
 3. Year 11 Peer Support Leaders linked to Year 7; Year 12 linked to Year 8.
 4. Unused Year 11s (trained) ⇒ Year 9
 5. Unused but trained Year 12s ⇒ Year 10.
- ***SRC***
- ***PD/H/PE***
- ***Welfare Days***
- ***Year 7 camp***
- ***Year 11 camp***
- ***Pamphlet: distributed to parents/students/staff.***