



NORMANHURST BOYS' HIGH SCHOOL

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Sports Policy

Sport is an integral component of the teaching and learning process and is in addition to the mandatory hours of PE, Health and Personal Development for all students. Sport at NBHS essentially divides into two groups: grade and house sport. These are usually conducted on Wednesday afternoons. Grade sport involves teams of students competing against other schools while house sport involves only students from NBHS competing in teams against each other.

At the start of the season — winter and summer — trials are conducted to select the various grade teams that will be competing in 14 yrs, 15 yrs, 2nd grade and 1st grade competitions. All students are encouraged to try out for grade sporting competitions and to be prepared to trial for various sports which are of interest to them. As far as possible students are able to trial for any sport but a few restrictions are currently in force regarding entry into certain teams. Students who do not get selected in a grade team join a house team often the same as the grade team. Team grade sports in summer include cricket, baseball, tennis, volleyball and water polo but these change occasionally depending on the number of schools who are interested and prepared to compete. In winter grade sports include rugby, soccer, hockey, squash and tennis.

A sports afternoon for students fulfils some broad objectives. It aims to:

- provide enjoyable exercise for students.
- develop their skills and understanding of the game
- help them learn clearly and understand the rules of the game
- help students to develop strategies and techniques to play varied sports
- help develop sportsmanship and a sense of fair play
- help to develop leadership, self-discipline and a sense of the organisation required to run such grade competitions.

The complexity of the organisation of a sports afternoon is such that students have a responsibility to make sure that they know the correct fixtures and starting times of matches, travel arrangements and costs of transport. Cooperation with fellow students and coaches is essential if grade sport is to run smoothly. The sports master will decide if weather conditions are suitable or not for both house and grade fixtures to be called off or continue. Students will be advised at an appropriate time.

In addition to regular sports afternoon involving grade and house sports, special days are designated for events such as the swimming carnival in summer and the athletics carnival in winter. At these two fixtures all students are expected to enter at least one event and earn a point for their house. As well as these two carnivals various grade teams and individual students are entered on Regional and Combined High School Championships. Knockout competitions in cricket, rugby and soccer are also held. Students from all years are encouraged to enter these competitions.

On sports days, students when dismissed at 12.05 pm should immediately make their way to the venue designated on the sports noticeboard and at assemblies. Students are expected to be sensible when travelling to and from sporting venues. On Wednesday students are permitted to wear their sporting uniform to school. When a student is dismissed from sport they are to change into their sports uniforms and go directly home. Any questions or problems should be directed to the teacher in charge of the particular sport or the sports master.