Rain is forecast for Sunday so we will hope that the weather bureau is wrong again. If the weather is really poor and we need to cancel I will place a message on our Homepage at http://www.normanhurb-h.schools.nsw.edu.au/

**Excellence Morning Tea:** Congratulations to all of the boys who worked really hard over the past semester and achieved their personal best. Each semester Year Advisers read through all of the reports and attempt to identify those students who need additional support and also those students who have achieved great things over the semester.

To add another small incentive for the boys to work hard, we conduct a morning tea for those with the very best reports. It is really difficult to make the decision as to who we should invite. There are a great many boys who deserve to be congratulated for doing their best. The inherent problem with using numerical ranks is that it does not always recognise those who have really worked hard and to the best of their ability. This is an area we will continue to work on.

**Mock Trial:** Team in action in the Round 5 elimination round. Despite a passionate plea by our legal eagles their string of wins came to an end abruptly on Friday. Making it to the fifth round is a major
Communications Channels Survey:

Thank you to the 132 parents who responded to my request for input on our communications channels. We will be using this data to make some positive changes to improve how we communicate with our parent body. While the data is still being crunched, some of the changes include:

- Investigation in the potential use of a phone App to centralise our communications with parents
- Changes in the newsletter format to improve readability on-screen
- Changes to some content in the newsletter

A copy of the summarised data is available on the school website from the following link for the next few weeks: Communications Channels Survey Results.

A Growth Mindset: As a school we will continue to focus on providing a quality curriculum and relentlessly seek ways to improve our pedagogy and get the best out of our boys. This is central to our school plan and our belief, that through hard work, we can all continually improve. A big focus will remain on improving the efficacy of what we do. A core part of this is looking at the massive amount of work that takes place by my dedicated staff and assess if it could be done differently to produce a better result. In the same way you don’t tell a boy who is doing 6 hours per night that he needs to do more, we need to look at all the things we do and explore options for getting greater effect size out of what we already do rather than just assuming that the first step is to do more.

Over the coming years our school philosophy will become increasingly grounded in promoting a growth mindset. While a seemingly small linguistic change, there is potential for some significant benefits for the boys in terms of their learning, engagement and motivation. While much of the research work in this area has been undertaken by Carole Dweck, who is primarily a Psychologist rather than an educator of children, her work produces some compelling evidence to support the need for some introspection in this area. I am conscious of the need to keep my items brief, but a small amount of detail here may provide parents with a basic understanding of where we are heading with this.

The fundamental belief underpinning a “growth mindset” is that an individual’s abilities can be developed through dedication and diligence, and that being “bright” or “gifted” is only the starting point. Probably the simplest way to explain the difference between a fixed and growth mindset is like this - those with a fixed mindset generally believe that you win because you are a winner, and it follows that you lose because you are a loser. We all probably praise our kids for being bright, talented, gifted, or a natural at something. Thankfully, there are few who describe children as the polar opposite, as we inherently understand how damaging it is to label someone as dumb, slow-witted, talentless or the like. When individuals do not get told they are bright many will infer that if they are not bright then they must be dumb. Without a belief that “brightness” can be developed it is easy to lose motivation. While this is obviously a very black and white explanation, it will help to explain our shift towards report and assessment feedback related to process rather than performance.

I would ask that parents give some thought to how they praise their children. I am doing this myself with my children at the moment and it is frightening how often I make the mistake of praising ability rather than process. I am working hard to ensure I focus on praising my children for their efforts rather than their ability. Please give it a try. It costs very little and just might give your son the motivational lift he needs to be the best he can be.

NAPLAN results arrived in the school today (Friday) and will be distributed to Year 7 and Year 9 students on Monday.

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P&C NEWS

Mr Sade Kalasabail, P&C President

Our next Grounds Day (… working bee) for this Year/Term will be held this Sunday 23 August (9.00am – 12.00 noon). Being the grounds day before spring we get a good opportunity to prepare and make the environment even better for the next term and thanks to all the parents who have volunteered for this day we are expecting a huge turnout and P&C will provide a good tea break.

At Grounds days, we do a mix of weeding, planting new plants and generally tidying and improving the school grounds. The Grounds Day starts at 9 am and finishes around 12.00. It is helpful if you can be there by 9.00, because there will be a briefing before we start, and it is good to talk to everyone at once if possible. When you arrive, you will need to sign the attendance sheet, so that you are registered as a volunteer for the day. We will stop for morning tea at around 10.30am. (If you need to go earlier, we will appreciate whatever time you can put in).

The MEETING PLACE for Grounds Day will be at the Fraser Road car park (inside Fraser Road gate).

Further information about P&C is available on the School web site http://www.normanhurb-h.schools.nsw.edu.au, under the “P&C” tab along with details of the previous meetings.

Our P&C Meetings are held on the second Tuesday of each month during school terms. All are welcome.

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NATIONAL SCIENCE WEEK 15-23 AUGUST 2015

Ms Michelle Gibson-Garside, Science Teacher

This week is National Science Week with the theme “Making Waves – the Science of Light”. To celebrate, the Science Faculty organised lunchtime science trivia for students with over 50 students participating. It was a very close result, but the team “It’s all about the yoghurt” was triumphant! The students had a great time, matching their science knowledge against each other. Would you have known the maiden name of astronaut Buzz Aldrin’s mother – Sun,
Moon or Star (answer below)? Thanks to Mrs K for running the trivia and Mrs James for marking the rounds.

As part of National Science Week, Mr Ian Mallet has been organising trials for the 2015 Young Scientist Paper Plane Challenge, with many creative and innovative plane designs. To qualify for the competition, students are required to fold an A4 sheet of paper into a plane in 90 seconds and then fly the plane for a distance of 20 m or 5 sec in the air. Trials are still taking place and will be finalised by Monday 24 August 2015.

The Science Faculty decided to get their ‘inner geek on’ and challenge the entire staff to dress up for National Science week at the staff morning tea on Friday. The science staff dusted off their laboratory coats, safety goggles and pocket protectors, to show their support of the week.

(Answer: Moon)

► PREFECT VOLUNTEERING: ROTARIANS AGAINST MALARIA

The Prefecture

Last Sunday on behalf of the Normanhurst Prefects Jack Naylor and Jash Vanjara volunteered at the Hills Rotaract Barbeque. Helping run the BBQ for over 9 hours, the long day proved to be fruitful in raising $1,348 for Rotary International’s “Rotarians Against Malaria” mission. This worthwhile cause is definitely worth supporting and the Prefecture wish rotary good luck in achieving its targets.

► GREAT ENGINEERING CHALLENGE 2015

Ms Nandhini Raj, Technology Teacher

The Great Engineering Challenge is run by Engineers Australia. Students from 43 schools (both selective and non-selective) with groups of 4 students in each group participated in hands-on engineering challenges this year. There were 3 engineering challenges: Challenge 1 – UNSW Challenge (bridge building); Challenge 2 – Encompass Challenge (plane challenge); & Challenge 3 - RTAA Challenge (car challenge) that were designed to demonstrate what engineering is and to develop some skills necessary for engineering such as teamwork, effective communication and creative thinking. All solutions to these challenges involved logical and out of the box thinking and students had to work collaboratively in their teams to finish these challenges in time. The guest speakers were professionals, academics and students from different engineering disciplines.

Four Year 11 Engineering Studies students Rishi Manivasahan, David Shead, Eddy Li and Joseph Arackal participated in this year’s Great Engineering Challenge and won the UNSW Challenge for 2015 on bridge building. They demonstrated excellent critical and creative thinking skills in completing these challenges. Normanhurst came fourth in the overall scores with 161.5 points. It was a very close competition with the first, second and the third places scoring 165.417, 162.75, and 162.08 respectively.

Rishi, David, Eddy and Joseph were awarded medals, a trophy and a family pass to the Powerhouse Museum by Mr. Mark Hoffman, the Dean of UNSW Faculty of Engineering. They thoroughly enjoyed the day interacting with students from other schools and evaluating their designs. Congratulations Boys! A tremendous effort.
OLD NORMOS
Ms Margaret Johnson, Music Teacher, Head Teacher Administration

Stephen Morse Year 12 1992

Back in the early 1990s, I thought I would end up with a music career, having been the school’s main pianist and doing 3 Unit Music for my HSC. However, I moved on to do an Arts degree at Macquarie in linguistics and modern history, before becoming an advertising account executive in Sydney. During this time I also learned Spanish and did a study tour of Argentina and Peru in 1997.

In 1998, I acted upon my convictions to become a Christian pastor, and from 1999-2002 completed my training at Moore Theological College in Newtown. I then worked as a pastor at St. John’s Anglican Church in Gordon (2003-04) and St. Stephen’s Anglican Church in Belrose (2004-2010), mentoring youth and young adults, and developing community projects both in Australia and in Northern Sulawesi, Indonesia.

Sarah and I were married in 2008, and within 18 months, we followed our shared convictions to work against human trafficking in Spain, one of the highest destinations for trafficked people in Europe. We have been living and working in Madrid since 2011 as project directors for International Teams Australia. During this time, I have been working on my doctorate, focusing on developing a training program to reduce the demand for human trafficking. This should be finished by the end of the year, opening the door for me to speak in various forums, develop a national network, and train groups throughout the country.

Music is still part of my life, one that I am imparting to my daughter, Arabella, who was born in Madrid in 2013. Together, they offer bright rays of light amidst the heaviness.

BUSINESS STUDIES COMPETITION
Rishi Manivasahan, Year 11

On Tuesday the 11th of August, the Year 11 Business Studies class participated in a trivia competition with Hornsby Girls High School. Both schools divided their attending classes into teams of 4 and 5 to compete with their business knowledge but unfortunately we were not victorious. Normanhurst came second by a close margin and sadly did not bring home the trophy.

During the event, various business topical questions were asked from specific syllabus content to the more trivia-like questions such as identify this person which extended through 5 rounds with close competition from both the boys and the girls. It was an enjoyable event that finished off with a competition to sell the unsellable, “Politicians should receive a pay raise”, an idea that nobody would agree to.

Organised by our own Ms. Rahman (Year 11 Business Studies Teacher) and Mrs Boden (HSIE Teacher at Hornsby Girls High), the event was a great success and we hope to have better luck next year.

VOICE OF THE YOUTH
Tomas Galanti, Year 8

Thanks to Ms Claire Ormiston from the English faculty, I was able to participate in the 2015 Lion’s Club ‘Voice of the Youth’ public speaking competition. This event is run by the Carlingford Lion’s Charity Club and is aimed at encouraging the youth of Years 7 and 8 to take notice of society’s current situations in the form of presenting both a prepared and impromptu speech.

On the night, eleven speakers from six different schools in the area first presented their impromptu and then a three-to-four minute speech on a selected topic. The impromptu speakers are given two minutes upon hearing the topic (What is your favourite family tradition?) and then must present. This is the most difficult and nerve-racking part of the evening. The prepared speeches come next.

I wish thank Cumberland High School for hosting the event, Ms Ormiston and Aman Gopalani for assisting me in my preparation and also Mr Gavin Ridley for paying me a surprise visit at the completion. Dad, thank you for beating traffic in order to be present as well.

THE ANZACS – PREPARED SPEECH
Tomas Galanti, Year 8

One hundred years ago, in the early days of the First World War, Australia shipped 50,000 young men of at least eighteen years to Gallipoli, in modern day Turkey. We have all heard this story, of the courageous ANZACS who died for Australia and the British Empire. No one can deny their heroism, nor can we ever truly thank all Australians involved in the war efforts for their sacrifices.

However, that is not why I’m here today. Instead, I would like to explore the reason why these men, barely more than boys, enlisted themselves to fight in the war.
I would like you all, to picture in your mind, a young man at the age of eighteen. This can be yourself in the past or the future. It can be a family member or a friend. Ideally, it should be someone you care about. With this image in mind, consider them being shipped off to the other side of the world for months or even years. Called on to fight and perhaps die for the king and country.

When war erupted in Europe, the nations of the British Empire were called to send support in the form of infantry. The Australian government pledged 20,000 men, and the quota was very quickly filled. But why? Why would these young men leave their homes, family, friends, everything for this fight? Men bled patriotism and would travel hundreds of kilometres to sign up for the fighting. This enthusiasm had never been seen before.

There were a few select reasons for this ‘rush to enlist’: Patriotism. Adventure and Good Pay. Becoming a real man. But behind all this there was something Australia had not seen in the 14 years of the Federation: War Propaganda.

Back then the Federal Government and the military appealed to the most honourable values of their young population to promote their cause. Advertising campaigns full of great words and positive symbolism rallied the men, rushed them into the battle fields on the other side of the world. Incredibly effective propaganda with the promise that the war was only meant to last ‘til Christmas’.

The reality would turn out to be far from an adventure. Between 300 and 400 young ANZACS died on the beach, on day 1. In 5 days, 860 would die and more than 2,000 would be wounded.

Gallipoli ended in a retreat. The stories of war horrors, the missing limbs, the friends lost, the miseries endured reached Australian soil. However, more recruits were required. By now, the public was aware of the horrors which awaited them in battle. The raw desperation and social pressure felt to enlist diminished remarkably. Propaganda tactics would have to be altered if Britain was to be supplied with the ANZACS they needed.

The picture had to be more terrifying: Posters depicting the Germans and their allies as terrible, monstrous creatures were published and displayed everywhere they would be seen. Newspapers contained articles of the heroism of the men who had fought and heavily encouraged others to do the same. Speeches were given by war veterans to inspire the public.

Men’s love of sport was also used and gave rise to some of the more well-known posters such as the Sportsmen’s Thousand. Australian symbols such as the kangaroo and the flag itself were prominent. This was more than just going away to fight against the monsters who killed our mates, it was about instilling a national pride in the general public.

The First World War ended. Other wars followed. The veterans told their stories and kept their secrets. You would have thought that we learnt the lesson. You would have thought that we know what war propaganda is and what it does to our youth. After all this, I still wonder why nothing has changed.

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**IMMUNISATION PROGRAM REMINDER**  
*Ms R Thomas, Head Teacher Welfare*

The third School Vaccination Clinic will be on **Tuesday 25 August 2015**

**Year 7 students – all students**
- Chicken pox
- Human papilloma virus (HPV) vaccine – Dose 3

**Year 8 students – catch-ups**
- Students who commenced the HPV vaccination in Year 7 but did not complete the course will be offered catch-up doses at school.

**Year 11 students – catch-ups**
- Measles-Mumps-Rubella (MMR) vaccine as a single dose for those students who returned their form last term and are not fully protected.

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**CAREERS NEWS**  
*Mrs. K Woodhams, Careers Adviser*

**Important Information – Calendar of Events**
*Check this calendar for upcoming University Open Days, Parent/Student university nights plus more*  
*Go to* [http://www.nbhscareers.com](http://www.nbhscareers.com)  
We also have additional information including a comprehensive calendar on the MhsCareers website [www.mhsCareers.net](http://www.mhsCareers.net)

User name: nbhs - Password: careers

**SCHOOL CAREERS INFORMATION**
*Careers information due in August/ September Careers Profile*  
Three Point School Exit Plan  
Application/s - School Information pages  
Preferences Information pages (Interview Yes/No)  
EAS & SRS - school information  
2015 UAC Applications Now Open

Tue 30 September: Last day for students to apply and pay to avoid progressive increases to processing charges.  
Thu 17 December: ATARs released on UAC’s website.  
Wed 6 January: Main round offers released.  
Wed 20 January: Main round offers released.  

**UAC News – Issue 3 – July – August 2015** has been emailed to year 12. It includes the Year 12 checklist for applying through UAC

**Lunchtime Seminars**
*University of Sydney Engineering*

Thank you to Yannick De Silva and Michael Burton (Year 12 2013) from the University of Sydney who gave a very informative presentation to interested Year 10, 11 & 12 students last Monday.
Their session was on the different areas of engineering, scholarships and pathways.

Macquarie University Specialist Degrees:

Thank you to Robin Kumar, Paige Kenney & Ruby Li from Macquarie University who presented to interested Year 10, 11 & 12 students yesterday.

Upcoming Year 12 meetings/seminars
*Year Adviser/ Careers meeting
11.48am after period 3 in the library
Wednesday 26 August 2015

*Year 12 Scholarships Masterclass
Tanya Sawkins (UWS Manager Scholarships & Student Advancement)
Thursday lunch 27 August 2015 in the library

Year 11
Year 11 has already had the opportunity to attend experience days in the holidays at UTS and Macquarie Universities. The University of Sydney is having their experience day next holidays.

‘Get a taste of life at Sydney’
Tuesday 29 or Wednesday 30 September (holidays)
Session details www.sydney.edu.au/life-at-sydney
More information
Millie Norton-Knight – phone 02 8627 0815 or email millie.norton-knight@sydney.edu.au
Books out fast! Email sent to Year 11.

UNIVERSITIES
Open Days - why attend?
Year 10 - Subject Selection/Bonus Points
Year 11 - Tertiary Options/Bonus Points
Year 12 - Tertiary Options, Course details, Pathways, bonus points, feel the university, accommodation etc. Year 12 are recommended to attend as many of the Open Days as they can, because only by visiting an institution can you really make up your mind about studying there.

University Open Day Dates
Most of the lecturers are in attendance to answer questions. Check the university websites for more detail. University brochures are in the resource area outside the careers office. Here are this year’s dates:

ACU
(329x816)(North Sydney) 5 September
(329x804)(Strathfield) 12 September
ANU 29 August
Charles Sturt Call 1800 334 733 for tours
Griffith 26 July
(Gold Coast Campus) Macquarie 12 September
Southern Cross for tours call 1800 626 481
University of Canberra 29 August
UNE for tours call 1800 818 865
UNSW 5 September
ADFA 29 August
Newcastle 22 August
Sydney 29 August
UTS 29 August
UWS 30 August

Go to www.nbhsCareers.com – Post School Options – Uni Open Days for a full list of university open days throughout Australia.

UTS Engineering Bonus Points Questionnaire
Questionnaire closes Fri 11 December
Students applying to a UTS engineering degree could be eligible for up to 5 bonus points by completing the UTS Engineering Year 12 Bonus Points Questionnaire. Early round offers will also be made on the basis of this questionnaire.

http://www.uts.edu.au/future-students/engineering/essential-information/year-12-bonus-scheme-questionnaire

UNSW: Actuarial Studies Student/Parent Information Evening
Wed 16 September, 5.30pm – 7.30pm, UNSW Business School Lounge, UNSW Business School Building, Level 6, West Wing
UNSW students and their parents are invited to visit UNSW to find out more about their Bachelor of Actuarial Studies degree, associated dual degrees, and the Actuarial Studies Co-op Scholarship program.

Contact: (02) 9385 3507 or studybusiness@unsw.edu.au

Sydney Conservatorium of Music Open Day
Sat 29 August, Macquarie street
Receive one-on-one advice, attend a lecture or masterclass, and bring an instrument to participate in the wind symphony and choir performances.

Contact: 1800 793 864
http://music.sydney.edu.au/study/open-day/

Charles Sturt Information session at Hornsby RSL & the Chatswood Club
Course information includes dentistry, vet science & television production.
Also, information for students and parents on how to apply, pathways, accommodation options, scholarships and help with costs etc.
6pm Tuesday 25 August at the Chatswood Club
4 High St., Hornsby
Register to attend www.csu.edu.au/parents
1800 334 733

CSU: New Expanded Study Opportunities for Students
CSU has received increased funding to fund 10 short term programs for students, and one student exchange program, for students to study in the Indo-Pacific region. Students will be able to participate in programs to study in the Pacific and South East Asia as well as China, Japan, India and Nepal.
University of Wollongong First Year Accommodation Guarantee

The University of Wollongong offers first year students from outside the Wollongong region a guaranteed place at one of their university residences. UOW Living has a range of living options—catered, self-catered, single rooms, twin share, units and studios.


UWS Get Ready for Study and Work: Student Workbooks and Parents Guide

Booklets which provide information, contacts and activities to help students make a successful transition from school into tertiary study, work or post school activities.


University Exchange Programs

Most universities offer exchange programs, which involve already enrolled students studying for a half or whole year at a partner institution of their own university. Study abroad programs are slightly different, and do not involve studying at a partner institution; this means students sometimes need to contribute extra funds towards their tuition fees. As an alternative to exchange, some universities also offer short study tours, or the option to study at an international campus of their own. Most universities offer various forms of financial assistance to students going on exchange. Below are some links to the international study options offered by a number of universities.


UNSW: [https://student.unsw.edu.au/exchange](https://student.unsw.edu.au/exchange)


PRIVATE COLLEGES

National Art School Open Day

Sat 29 August, 10.00am – 4.00pm

Explore real working artist studios, take part in a range of interactive art workshops, attend information sessions and view the campus.

[http://seesinspiration.nas.edu.au/](http://seesinspiration.nas.edu.au/)

Australian Theatre for Young People: School Holiday Workshops

Audition Monologue Techniques: Mon 21 September – Wed 23 September, 10.00am – 4.00pm, The Big Education Centre

Investigative Scene Work: Mon 28 September – Fri 2 October, 10.00am – 4.00pm, The Big Education Centre

Race Down Under: Mon 28 September – Fri 2 October, 10.00am – 4.00pm, The Big Education Centre


TAFE

The Northern Institute: HSC Visual Arts Holiday Enrichment Workshops

Tue 22 September – Wed 23 September, 9.30am – 3.30pm, Meadowbank Campus

Two days of hands-on workshops that will help students develop ideas that will create an impressive HSC Body of Work. Attendees will be inspired to explore different levels of practices and techniques while having fun.

Contact: Tony McDonald on 9942 3686 or tony.mcdonald@tafensw.edu.au


OTHER NEWS

TSFX HSC Exam Revision Lectures

Sat 19 September – Wed 30 September, The University of Sydney, Camperdown

Each lecture will review and then extend on knowledge taught at schools, demonstrate how examination questions are marked, how answers must be presented, and finally provide attendees with detailed course notes complete with model exam responses.

Lectures will be available on a number of HSC subjects.


HSC in the Holidays: HSC September Workshops

Mon 21 September – Fri 2 October, Macquarie University, UTS Broadway, UOW Wollongong, UOW Southern Sydney, University of Newcastle

Learn about the most effective way to prepare fully for the final HSC exams, clarify course content, and work through potential HSC questions in small groups and with expert teachers.

Workshops are available in a number of HSC subjects.


Employment Outlook to November 2019

The Department of Employment’s annual employment projections forecast the job outlook by industry, occupation, skill level and region to November 2019.


My Health Career: How Long Does It Take to Become a Fully Qualified Doctor?


Sydney Dance Company: School Holiday Workshops

Contemporary Lyrical: Mon 28 September – Tue 29 September

Jazz, Hip Hop, Theatre Jazz, JFH: Wed 30 September – Fri 2 October

Sydney Dance Company, The Wharf, Pier 4, 15 Hickson Road, Dawes Point


All of the information is emailed in good faith and it is the responsibility of the reader to confirm all details with the appropriate institution. Make sure you look at any relevant websites.

Don’t hesitate to contact me if you have any questions.
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Information Evening for Year 9 Parents and Students  
Tuesday 1 September 2015  
6.15-9.00 p.m.  
School Hall

An information evening has been organised for parents of students in Year 9. The purpose of the evening is to provide valuable and important information on student computer usage and academic opportunities for Year 9 students moving into Year 10 in 2016. The areas to be covered are as follows;

1. **Problematic Internet Use in School Children – Dr Philip Tam**

   This year we are incredibly fortunate to have Dr Philip Tam as a guest speaker at our Year 9 Parent Information Night. Dr Tam is a child and adolescent psychiatrist who specialises in the field of Internet and computer-related issues and challenges. Dr Tam will provide an outline of the emergence of what has been dubbed ‘internet addiction’ and provide practical and holistic strategies on how parents can address what appears to be an increasingly important mental health and wellbeing issues in Australian youth of today.  
   An opportunity not to be missed!

2. **Accelerated Subject Opportunities for Year 10 2016**

3. **Gifted and Talented Program Elective for Year 10 2016**

4. **Informal Discussions and Refreshments**

More details are to follow and will be emailed to parents soon. We look forward to seeing as many Year 9 parents and students as possible attending this very informative and valuable evening.

Ms Thomas  
Head Teacher Welfare
You’re invited to compete against some of the best players in Sydney. This is your chance to have some fun competing in a simultaneous chess game against one of Australia’s most experienced and accomplished club chess players.

North’s Chess Club, Australia’s largest chess club, is putting on a chess exhibition at the Asquith Boys High School Community Day, 10.00 AM to 4.00 PM on Sunday, September 13 2015.

You are invited to register to play in our “simul” where it will be you (and a gang of others at the same time) playing against the champ.

Seats at the competition table are limited so book now!

Register to go on our roster of challengers by email to abhscommunityfunday@gmail.com or phone Alan on 0243771469

Looking forward to seeing you on the day!